

**5K RUN/WALK AGAINST HUMAN TRAFFICKING  
PROCEEDS TO BENEFIT A21 (theA21campaign.org)  
SATURDAY, MAY 11, 2019**

LINDSEY VILLAGE PARK, LINDSEY, OHIO

5K RUN /FUN WALK 9AM—AWARDS APPROX 10:30 AM

SPONSORED BY: DAVE SLATER STATE FARM INSURANCE, SECOND SOLE PERRYSBURG, KALEKI  
MASSAGE THERAPY, AND FREMONT ELITE RUNNERS CLUB

SPECIAL THANKS TO SANDUSKY COUNTY PARK DISTRICT AND THE VILLAGE OF LINDSEY.

- **COURSE:** FLAT AND ACCURATE COURSE ON CITY STREETS AND THE NORTHCOAST INLAND TRAIL. FINISH NEAR THE LINDSEY PARK SHELTER

**5K RUN FIELD LIMITED TO 350 ENTRANTS! FOR THE SAFETY OF ALL PARTICIPANTS, PETS AND STROLLERS ARE NOT PERMITTED ON THE COURSE DURING THE EVENT. USE OF HEADPHONES IS STRONGLY DISCOURAGED.**

- **AWARDS:** AWARDS TO THE OVERALL MALE/FEMALE, OVERALL MASTERS MALE/FEMALE AND MEDALS TO THE TOP 3 IN EACH AGE GROUP (14 AND UNDER, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 AND 70+)
- **ENTRY FEE:** \$20.00 IF REGISTERED BY 5/4/19 AND GUARANTEES A SPECIAL DESIGNED TECH SHIRT
- **RACE DAY \$25 NO SHIRT GUARANTEE. Mail to: Fremont Elite Runner's Club PO Box 202 Fremont, Ohio 43420**

ONLINE REGISTRATION AVAILABLE AT RUNSIGNUP  
FOOD AND GATORADE AFTER RUN!

FARMERS MARKET AT THE SOUTHEAST CORNER OF THE PARK FROM 9AM-NOON!

EXTRA PARKING ACROSS THE STREET ON EAST SIDE OF THE PARK!

FOR MORE INFORMATION, CONTACT GLENN AT 419-234-5330 OR GBOWEN@amplex.net

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**RUN AGAINST HUMAN TRAFFICKING 5K**

FIRST NAME: \_\_\_\_\_ LAST NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_ FERC Member \$2.00 Discount: \_\_\_\_\_

CITY/STATE/ZIP: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

AGE (AS OF 5/11/19): \_\_\_\_\_ SHIRT: S M L XL

I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and condition of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Fremont Elite Runners Club, the Village of Lindsey, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this w

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SIGNATURE/DATE

PARENT/GUARDIAN IF UNDER 18