

**5K RUN/WALK AGAINST HUMAN TRAFFICKING
PROCEEDS TO BENEFIT A21 (theA21campaign.org)
SATURDAY, MAY 13TH, 2023**

LINDSEY VILLAGE PARK, LINDSEY, OHIO

5K RUN /FUN WALK 9AM—AWARDS APPROX 10:30 AM

SPONSORED BY: FREMONT ELITE RUNNERS CLUB, SECOND SOLE AND DAVE SLATER STATE FARM
INSURANCE SPECIAL THANKS TO SANDUSKY COUNTY PARK DISTRICT AND THE VILLAGE OF LINDSEY.

- **COURSE:** FLAT AND ACCURATE COURSE ON CITY STREETS AND THE NORTHCOAST INLAND TRAIL. FINISH NEAR THE LINDSEY PARK SHELTER

5K RUN FIELD LIMITED TO 350 ENTRANTS! FOR THE SAFETY OF ALL PARTICIPANTS, PETS ARE NOT PERMITTED ON THE COURSE DURING THE EVENT. USE OF HEADPHONES IS STRONGLY DISCOURAGED.

- **AWARDS:** AWARDS TO THE OVERALL MALE/FEMALE, OVERALL MASTERS MALE/FEMALE AND MEDALS TO THE TOP 3 IN EACH AGE GROUP (14 AND UNDER, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69 AND 70+)
- **ENTRY FEE:** \$22.00 OR \$20 FOR FERC MEMBERS **IF REGISTERED BY 5/6/2023** AND GUARANTEES A SPECIAL DESIGNED TECH SHIRT
- RACE DAY \$27 **NO SHIRT GUARANTEE. Mail to: Fremont Elite Runners Club, PO Box 187, Lindsey, Ohio, 43442**

ONLINE REGISTRATION AVAILABLE AT RUNSIGNUP
SNACKS AND BOTTLED WATER AFTER RUN!

EXTRA PARKING ACROSS THE STREET ON EAST SIDE OF THE PARK!
FOR MORE INFORMATION, CONTACT GLENN AT 419-234-5330 OR gbowen@amplex.net

FIRST NAME: _____ LAST NAME: _____

ADDRESS: _____

CITY/STATE/ZIP: _____

PHONE: _____ EMAIL: _____

AGE (AS OF 5/13/2023) _____ SHIRT: S M L XL

I know that running a race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and condition of the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Fremont Elite Runners Club, the Village of Lindsey, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this w

SIGNATURE/DATE

PARENT/GUARDIAN IF UNDER 18